



Club President - Stewart Forbes

## Open 10 mile Time Trial Saturday 8<sup>th</sup> June 2024

Course G10/97

For TT and Road Bikes

**Event Secretary:**

Stewart Forbes

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Tel: 01403 756271 (or 07745 536779 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

### HQ

#### Steyning Centre

Fletcher's Croft  
Steyning  
West Sussex

Postcode BN44 3XZ

Open from 06:00



Plenty of parking is available.

Free till 09:00 then pay and display (or Horsham annual parking disc), or park in road by church for free.

Numbers at HQ only. After the event please return your race number to the HQ and complete the sign-out sheet.

HQ to start: 1.83 miles

Finish to HQ: 1.42 miles

Route to start:

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and continue West on A283 for 0.7 miles.

## Please note the following CTT regulations and recommendations

CTT Regulation 14 now requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to **the rear** of their machine a **working rear red light**, either flashing or constant as well as a **working front white light** that is illuminated and in a position that is clearly visible to other road users.

**Helmets:** CTT regulations require the compulsory use of helmets that meet internationally accepted safety standards.

**London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.**

**Audio Equipment:** Competitors must not use ANY audio equipment except prescribed hearing aids. N.B. A competitor in breach of this regulation shall be disqualified.

N.B. Competitors must not use a mobile phone while mounted on their machine.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

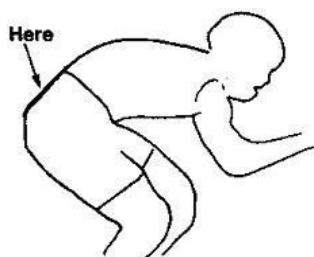
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is correctly placed for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



## Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

Please remember that the riders you catch during the race will not be aware of your presence until you are actually passing them, so please give them sufficient space as you go by.

## Order of Start

No.	Start time	First name	Last name	Machine	Club	Class	Category	Age
1	07:01	Peter	Madum	Road Bike	Horsham Cycling Horsham Amphibians	Open	Veteran	54
2	07:02	Ian	Whitmore	TT Bike	Triathlon Horsham Amphibians	Open	Veteran	58
3	07:03	Ray	Powell	TT Bike	Triathlon	Open	Veteran	65
4	07:04	Andrew	Ruban	Road Bike	Horsham Cycling	Open	Veteran	56
5	07:05	Robin	Johnson	TT Bike	Brighton Mitre CC	Open	Veteran	76
6	07:06	Stuart	Payne	TT Bike	Central Sussex CC	Open	Veteran	61
7	07:07	James	Newland	Road Bike	Horsham Cycling	Open	Espoir	19
8	07:08	James	Stone	TT Bike	Brighton Excelsior CC	Open	Veteran	55
9	07:09	Martin	Tickner	TT Bike	Horsham Cycling	Open	Veteran	42
10	07:10	Oscar	Lawrence	TT Bike	Velo Club Venta	Open	Junior	16
11	07:11	Peter	Lambert	TT Bike	Horsham Cycling	Open	Veteran	57
12	07:12	Christina	Teague	TT Bike	Epsom CC	Female	Senior	36
13	07:13	David	Smith	TT Bike	VC de Londres	Open	Veteran	41
14	07:14	Martin	Cade	TT Bike	Cranleigh Cycling Club	Open	Veteran	52
15	07:15	Kevin	Newlyn	Road Bike	Sussex Revolution Velo Club	Open	Veteran	44
16	07:16	Rory	Knapp	Road Bike	Brighton Mitre CC	Open	Senior	37
17	07:17	Alice	Connor	TT Bike	London Academy Racing	Female	Senior	31
18	07:18	Olly	Thomas	Road Bike	Sussex Revolution Velo Club	Open	Senior	38
19	07:19	Brian	Molloy	TT Bike	Brighton Mitre CC	Open	Veteran	56
20	07:20	Jack	Smith	TT Bike	Brighton Mitre CC	Open	Senior	32
21	07:21	Sam	Dix	TT Bike	trainSharp	Open	Veteran	53
22	07:22	Matt	Phipps-Taylor	Road Bike	Paceline RT	Open	Veteran	40
23	07:23	David	Pollard	TT Bike	VTTA (Surrey/ Sussex)	Open	Veteran	67
24	07:24	Sam	Leach	TT Bike	Horsham Cycling	Open	Senior	36
25	07:25	Lawrence	Wintergold	TT Bike	Hounslow & District Whs	Open	Veteran	59
26	07:26	Ferenc	File	TT Bike	Horsham Cycling	Open	Senior	38
27	07:27	Jonathan	Besly	TT Bike	Dorking Cycling Club	Open	Veteran	40
28	07:28	Paul	Tippett	TT Bike	Destination Bike RT	Open	Veteran	50
29	07:29	Nolan	Heather	TT Bike	Horsham Cycling	Open	Veteran	48
30	07:30	Tom	Houghton	TT Bike	Team TMC	Open	Veteran	52
31	07:31	Colin	McDermott	TT Bike	Festival Road Club	Open	Veteran	56
32	07:32	Stuart	Hourigan	TT Bike	VeloRefined Rule 5	Open	Veteran	48
33	07:33	Cris	Coxon	Road Bike	Brighton Mitre CC	Open	Veteran	47
34	07:34	Stuart	Bettis	TT Bike	One Resourcing RT	Open	Senior	39
35	07:35	Howard	Shaw	TT Bike	trainSharp	Open	Senior	38
36	07:36	Christopher	Mcnamara	TT Bike	Sigma Sports Race Team	Open	Veteran	49

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**Prizes TT Bikes**

<b>1<sup>st</sup> on actual time</b>	<b>£30</b>
<b>2<sup>nd</sup> on actual time</b>	<b>£20</b>
<b>3<sup>rd</sup> on actual time</b>	<b>£10</b>
<b>Fastest Woman</b>	<b>£20</b>
<b>Fastest Team of 3</b>	<b>£10 each</b>
<b>Juniors &amp; Juveniles</b>	
<b>1<sup>st</sup> Under 18 (JUN/JUV)</b>	<b>£20</b>
<b>1<sup>st</sup> Espoir</b>	<b>£20</b>

**Prizes Road Bikes**

<b>1<sup>st</sup> on actual time</b>	<b>£20</b>
<b>2<sup>nd</sup> on actual time</b>	<b>£15</b>

(Only one prize per rider except for Team Prize)

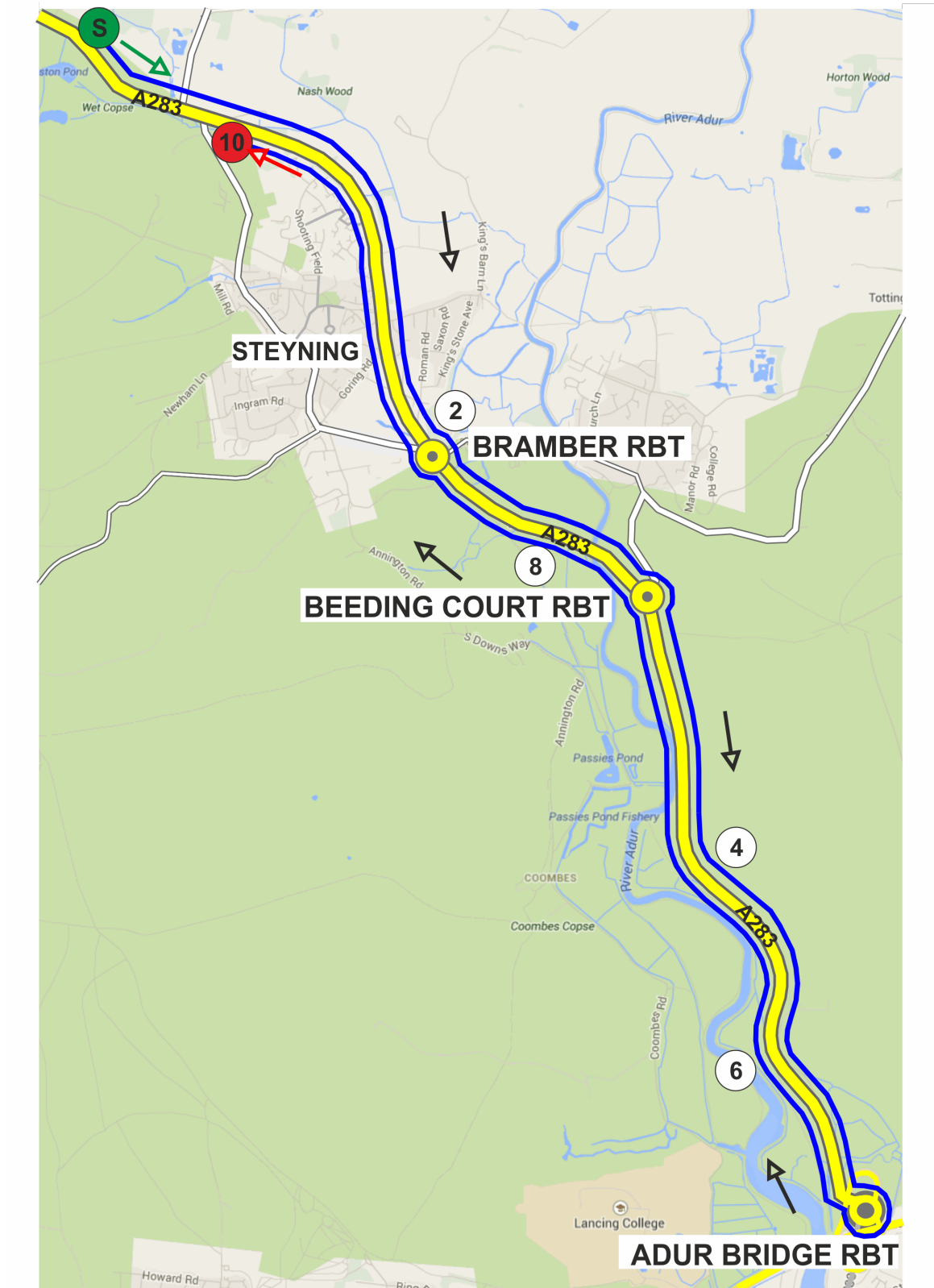
See <https://london-south.ctt.org.uk/> for CTT details for Sussex/Surrey and the local area, including Open and Club TT's.

<b>COURSE DIRECTIONS – G10/97</b>	<b>MILES</b>
START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction with B2135	0.00
Proceed south-eastwards along A283 via Bramber Castle and Beeding Court RBTs to Adur Bridge RBT, Shoreham where turn (CHECK)	5.41
Take fourth exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of “Public Bridleway” sign and 271 yards before left turn into Steyning	10.00

Link to Garmin Connect version of the course map [G10/97](#)

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